

Healthy Communities Newsletter

November 2019



CLARK COUNTY
WASHINGTON
PUBLIC HEALTH

Community partners working together to build health and resilience

Greetings! Here is what's happening in November with the ACEs Action Alliance, Trauma-Informed Schools, Evergreen and Vancouver Faith-Based Coffee groups and Safe Kids Clark County.

To subscribe to the Healthy Communities Newsletter, please email Jan.Dolph@clark.wa.gov.

Our Community Meetings

SAVE THESE DATES!

Please note: You will no longer receive individual Outlook invitations and meeting reminders for meetings.

Please NOTE these dates on your personal calendar.

An updated calendar for all meetings can be found at <http://acesactionalliance.org/events/>

Nov. 14 - Trauma-Informed Schools Team. 1 - 3 pm at ESD 112, 2500 NE 65th Ave., Vancouver

Nov. 19 - Safe Kids Clark County
10 - 11:30 am at ESD 112, 2500 NE 65th Ave., Vancouver

Nov. 20 - Evergreen Faith-

ACEs Action Alliance

Meets from 1:30 to 3:30 pm on the fourth Tuesday of each month at the YWCA community room, 3609 Main St. The Alliance is open to all members of the community.

- **Next meeting: Nov. 26.**
- **Future meetings in 2020:** Jan.28, Feb. 25, March 23
- **At our last meeting:** Debbie Ham, executive director of Support for Early Learning and Families, discussed an appeal from child advocates to the Stronger Vancouver initiative to include a focus on the health and education of children and quality childcare and early learning programs. Cyndie Meyer, program coordinator for Clark County Public Health, presented details about the County's plan to use Maternal-Child Health Block Grant funds to support trauma-informed school policy and system change, to create community education offerings on ACEs and Resilience through Clark College Community Education and Economic Development, to support the ACEs Alliance and Faith Based Coffee programs, and to move Clark County Public Health further down the TI pathway.

Trauma-Informed Schools Team

Meets from 1 to 3 pm on the second Thursday of each month at ESD 112, 2500 NE 65th St.

- **Next meeting: Nov. 14.** Special Presentation by Dr.

Based Coffee. 8:30 - 10:30 am
at Cascade Park Baptist Church,
1201 SE 136th, Vancouver

**Nov. 26 - ACEs Action
Alliance** 1:30 - 3:30 pm at
YWCA Community Room, 3609
Main St., Vancouver

**Vancouver Faith-Based
Coffee will not meet in
November or December**

David Pitonyak on "Handling Difficult Behaviors"

- **Future meetings in 2020:** Jan. 9, Feb. 13, March 12
- **At our last meeting:** Tabby Stokes, prevention-interventionist with Vancouver Public Schools, shared how she addresses youth trauma as a prevention strategy. Haley Pickus, evaluation specialist at Clark County Public Health, led participants through a series of workshop activities aimed at informing an environmental scan for trauma-informed approaches and policies that will be presented to local schools and districts this spring.

For more information on the ACEs Action Alliance, resources, links to past newsletters, events and more, go to:

www.ACEsActionAlliance.org or follow us on Facebook at
www.Facebook.com/ACEsActionAlliance

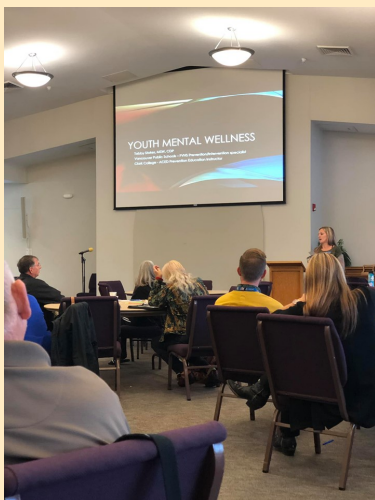
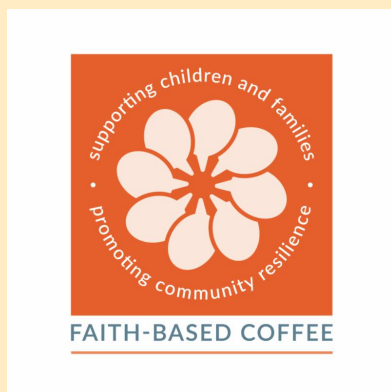


Photo by Laura Pascoe

Special Thanks!

To our planning teams members;
to Adventist Community Church
and Cascade Park Baptist Church
for sharing their lovely meeting
facilities and hospitality; to
community partner, Thea Weber,
for providing snacks and coffee at
Vancouver Faith-Based Coffee; to
Randy DeWater for providing
snacks and Dutch Bros for proving
coffee for Evergreen
Faith-Based Coffee.

EVERGREEN Faith-Based Coffee

Meets from 8:30 to 10:30 am on the third Wednesday of each month at
Cascade Park Baptist Church, 1201 SE 136th Ave., Vancouver.
No meetings in June, July, August & December.
This year's theme: Growing Together.

- **Next meeting: Nov. 20.** Topic: Katie Benzel will speak about the Court Appointed Special Advocate volunteer program coordinated by the YWCA. CASA volunteers advocate for children who have experienced abuse or neglect.
- **No meeting in December.**
- **The Celebration Breakfast will take place on Jan. 15, 2020** in place of the regular meeting. *Invitations will be sent in December (reservation required).*
- **Future meetings in 2020:** Feb. 19, March 18, April 15, May 20
- **At our last meeting:** Community partners discussed suicide prevention and crisis response. Speakers included: Adiba Ali, Clark County Public Health; Carl Smith-Knapp, Evergreen Public Schools; Sam Lewis, Beacon Health Services; Kris Henriksen, Teen Talk; Wendy Silverthorne, SMART program at ESD 112; Larisa Klein, Ranier Springs; and PeaceHealth Behavioral Health.

VANCOUVER Faith-Based Coffee

Meets from 9 to 11 am on the fourth Thursday of each month at
Adventist Community Church, 9711 NE St. Johns Road, Vancouver.
No meetings in June, July, August, November & December.

- **No meetings in November or December.**
- **Celebration Breakfast on Jan. 13, 2020 will replace the regular meeting on Jan. 23.** *Invitations will be sent in December. RSVP is required.*
- **Future meetings in 2020:** Feb. 27, March 26, April 23 and May 22
- **At our last meeting:** Nichole Peppers and Tanika Siscoe, both with the YWCA SafeChoice program, engaged attendees in an exercise to build compassion and understanding for victims of intimate partner violence. The workshop experience increased awareness of the roadblocks to services, the stress

Follow us on Facebook for meeting updates and information:

www.facebook.com/VancouverFaithBasedCoffee

www.facebook.com/groups/EvergreenFaithBasedCoffee

Safe Kids Clark County Monthly Meeting



Meets from 10 - 11:30 am on the third Tuesday of each month at ESD 112, 2500 NE 65th Ave., Vancouver

- **Next meeting:** Tuesday, Nov. 19
- **Future meetings:**, Dec. 17, Jan 21, Feb. 18, March 17, 2020

Car Seat Safety Class & Clinic

Meets from 10 am - 2 pm on the third Saturday of each month at PeaceHealth Southwest Education Center, 400 NE Mother Joseph Place, Vancouver

- **Next class:** Saturday, Nov. 16
- More information [here](#)

Product Recalls

Safe Kids Worldwide lists product recalls each month. Please note: Product recalls never expire, so it's important to check the recalls on a regular basis. This is especially important for hand-me-down or pre-owned children's products. Used child car seats and bike helmets should never be re-used in case their integrity is compromised.

[Safe Kids recalls](#)

Announcements & Upcoming Events

WA Firearm Tragedy Prevention Network Fall/Winter Meeting - Nov. 4

The Washington Firearm Tragedy Prevention Network will hold its fall/winter meeting from 11 am - 4 pm on Nov. 6 at the Water Resources Education Center in Vancouver. Anyone with an interest in keeping communities safe, educated and informed about firearm tragedy prevention is welcome to register and attend. We encourage attendance by individuals, community organizations, businesses, government leaders, public health professionals, social services, law enforcement officers, first responders, educators, firearm advocates, parents, mental health and healthcare providers and community leaders. Learn more and register to attend by clicking [HERE](#) for the webinar.



Reserve your space at the Third Annual Hispanic Heritage Breakfast on Nov. 6

Celebrate the heritage of our community's hispanic residents. This event is sponsored by Southwest WA LULAC Council 47013 and Clark County Latino Youth Leadership to increase awareness and comoderie. Guest

speaker, Sir Antonio Sanchez, will discuss the history of Hispanics in Washington State. Reserve your space now!

[Tickets available here:](https://bit.ly/2OLb5py)
<https://bit.ly/2OLb5py>

Where We Live workshop starts Nov. 18


YWCA Clark County has a bystander intervention skill-building workshop starting on Monday, Nov. 18. This workshop is part of their Sexual Assault Program and teaches by-standers how to safely intervene if they see a sexual assault incident. This four-week free workshop series is for adults. Space is limited. Registration is required.

To register or for more information, contact De Stewart at 360.906.9151 or destewart@ywcaclarkcounty.org

[More information here](#)

WHERE WE LIVE

A Bystander Intervention Skill-Building Workshop



Explore an uncomfortable topic in a comfortable setting

- Learn to identify warning signs of potential perpetrators
- Learn safe, effective ways to intervene and address suspicious behaviors
- Gain tools for comfortably discussing healthy sexuality with your children

Community members are welcome to attend this 4-week free workshop series for adults. Certificates are provided upon completion. Limited childcare is available.

93% of juvenile sexual assault victims know their attacker.
100% of this workshop is designed to help you intervene.

“As a parent, I spend so much energy trying to keep my boys safe. This workshop offers tangible tools to assess situations, look for red flags and have confidence communicating concerns. It's a reminder of my commitment to the children not just in my life, but in my community; to be a voice for them as well.”
— Traci Cole, community member

WHEN: November 18, 2019 (Please call for times.)

WHERE: YWCA Clark County
3609 Main Street
Vancouver, WA 98663

Space is limited and **registration is required** for this free workshop. To register, for more information, or to discuss bringing this workshop to your agency, contact De Stewart at 360-906-9151 or destewart@ywcaclarkcounty.org.

The Sexual Assault Program of YWCA Clark County also offers support groups for adult women survivors (in English and Spanish), teen girls, and non-offending parents of children who have been sexually assaulted.

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24-hour hotline 360 695 0501
main/tdd 360 696 0167
toll free 800 695 0167
ywcaclarkcounty.org

Warm-hearted volunteers needed

Share your warm heart with others by volunteering to help staff a Winter Hospitality Shelter. Warm hearts, warm families!

[Learn more here](#)



**IT'S COLD OUTSIDE, AND PEOPLE AND FAMILIES
NEED A WARM, SAFE PLACE TO SLEEP.**

Winter Shelter Volunteers Needed

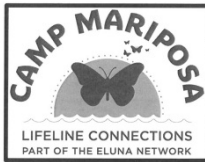
Sign up to volunteer by visiting:
WWW.OUTSIDERSINN.ORG/SWS
WWW.WHOPROGRAM.ORG/VOLUNTEER



Volunteer mentors needed for Camp Mariposa

Camp Mariposa is a free, weekend camp program for children ages 9-12 who are affected by the substance use disorder of a loved one.

Responsibilities include a one year



Call for Volunteer Mentors!

Camp Mariposa is a free, weekend camp program for children ages 9-12 who are affected by the substance use disorder of a loved one.

Youth participate in fun, traditional camp activities such as hiking and games, combined with education and support sessions led by mental health professionals and trained adult mentors. Camp is held four to six times a year from Friday evening to Sunday. Campers and adult mentors make a one-

year commitment to the program. Additional social activities are offered for children and their families throughout the year. All program activities are offered free of charge to families. Camp Mariposa provides a safe, fun and supportive environment critical to helping break the cycle of addiction.

Camp Mariposa is in need of volunteer mentors to help make this Camp possible!

Position Skills:

- Enjoy working with kids aged 9-12 years
- Hard-working, enthusiastic and committed to the safety and well-being of campers
- Adaptable and comfortable staying in a camp setting and interacting positively with campers and staff.
- Communication with campers, staff and parents.
- Friendly, happy, with a good sense of humor (laughter can be the best medicine!)

Specific Responsibilities:

1. One year commitment to participate in camp preferred
2. Positive behavioral management
3. Developing positive mentor relationships with participating youth
4. Ensure camper safety
5. Participation in camp outdoor and therapeutic activities



Caring, compassionate adults are key in making Camp Mariposa successful. You can make a difference in someone's life; let this be your opportunity!

Please contact Trista Wolles, Program Supervisor for more information
(360) 605-7628
twolles@lifelineconnections.org

commitment, ability to develop positive mentor relationships with youth, ensure camper safety and participate in all activities. Volunteers should enjoy working with kids aged 9-12, be comfortable staying in a camp setting and interacting with campers and staff, be a good communicator, be committed to the safety and well-being of the campers, be friendly, happy and have a good sense of humor.

Volunteers make a difference in these campers lives. Contact Trista Wolles, Program Supervisor, for more information at 360.605.7628 or twolles@lifelineconnections.org

Camp Mariposa is a program in Lifeline Connections.

[For more information](#)

Please share: Youth Substance Use Survey



Do you live in the following zip codes: **98661, 98662, 98664**? The Central Vancouver Coalition wants to hear from **YOU!** We are asking community members to complete this survey to help [us understand your thoughts and feelings surrounding youth substance use.](#) Your feedback will help us to better serve youth and families in our community. This survey is anonymous, and your responses will be kept confidential. If you're interested in learning more about the coalition, please join us at our monthly meeting on the 3rd Thursday of the month at Fort Vancouver High School from 2:30–4:00 pm.

ONLINE SURVEY ENGLISH

<https://www.surveymonkey.com/r/CLCEVA2019EN>

¿Vive en los siguientes códigos postales: **98661, 98662, 98664**? ¿La Coalición de Central Vancouver quiere saber de **USTED!** [Estamos pidiendo a los miembros de la comunidad que completan esta encuesta para ayudarnos a comprender sus pensamientos y sentimientos sobre el uso de sustancias entre los jóvenes. Sus comentarios nos ayudarán a servir mejor a los jóvenes y familias en nuestra comunidad. Esta encuesta es anónima. No sabremos quién es usted, ni cuáles son sus respuestas. Si está interesado en obtener más información sobre la coalición, únase a nosotros en nuestra reunión mensual el tercer jueves del mes en Fort Vancouver High School de 2:30 p.m. a 4:00 p.m.](#)

ENCUESTA EN ESPAÑOL

<https://es.surveymonkey.com/r/CLCEVA2019SP>

ECEAP openings available

The Early Childhood Education and Assistance Program still has openings at:

- Captain Strong in Battle Ground (5)
- Hough ELC on Esther St. in downtown Vancouver (16)
- Lincoln on NW Daniels (13)
- Park Crest in Evergreen District (10)

For more info, call the Enrollment Team at 360.952.3466 or go to <https://www.esd112.org/ece/eceap/>

Free Preschool

EDUCATIONAL SERVICE DISTRICT 112

Early Childhood Education and Assistance Program (ECEAP)

A comprehensive preschool program that provides free services and support to eligible children and their families.

Free Services Available to Eligible Families

- Preschool instruction (September – May)
- Developmental screenings and referrals
- Nutritious meals and snacks
- Health and dental screenings
- Home visits
- Parent leadership opportunities
- Family events
- Kindergarten readiness activities
- Transportation provided in some service areas
- Children are accepted into ECEAP based on their age, family income, and other developmental or environmental risk factors

Serving the Following School Districts

- Battle Ground Public Schools
- Evergreen Public Schools
- Vancouver Public Schools
- Washougal School District
- Woodland Public Schools

Gratis para Familias Elegibles!

El Programa de Aprendizaje Temprano y Asistencia (ECEAP) es un programa preescolar comprensivo del estado de Washington. El programa preescolar es gratis para familias elegibles. Para solicitar la inscripción y para aprender más del programa ¡llame ahora!

Call/Llame: 360.952.3466 to apply for enrollment!




R & R for grandma and grandpa

Children's Home Society is holding a respite event for grandparents raising grandchildren. Kids can enjoy a safe, fun day on:

- Saturday, Dec. 7
- 10:45 am to 5 pm
- Jim Parsley Center, 2901 Falk Rd.
- Includes swimming and lunch
- Call Sandy to sign up at 360.334.5578

Mentors needed at Fort Vancouver High School

Trappers4Trappers Mentor Group at Fort Vancouver High School needs adult mentors, snacks and small prizes. Time commitment: two Thursdays per month from 9:30 to 10:30 am.

Contact Tabby.Stokes@vansd.org

Clark County survey of low-income community needs coming Nov. 1

Clark County Department of Community Services (DCS) will start their annual survey on Nov. 1. It will be available online in English, Spanish, Russian, Vietnamese and Chuukese. Data collected will inform DCS's funding prioritization for the coming years. Last time the survey was administered, approximately 10% of our county's low-income population participated. Let's see if we can help get a broader voice represented.

Link to survey:

www.surveymonkey.com/r/2020CNANeedsSurvey

For more information, [click here](#) or contact Rebecca Royce at 564.397.7863 or rebecca.royce@clark.wa.gov

HAS YOUR VOICE BEEN HEARD?

Clark County Low-Income Community Needs Survey

What is it?

The Clark County Low-Income Community Needs Survey asks about needs and concerns you have around several key areas: employment, education, housing, income and asset building, physical health, behavioral health, and support services. It is estimated to take about 15 minutes to complete the survey. Please note, this is not the US Census.

When is the survey due?

Surveys will be collected through January 31, 2020.

Who should fill out the survey?

This survey should be completed by individuals, couples and families who identify as having a low income or are struggling financially.

How is my information used?

Feedback is used to help prioritize which programs and services will be funded in our community. Responses are confidential and anonymous.

How do I complete a survey?

The survey is available in English, Spanish, Russian, Vietnamese and Chuukese. You can complete the survey by:

1. Going online at www.surveymonkey.com/r/2020CNANeedsSurvey for all languages except Chuukese, OR
2. Getting a hard copy through community partners that provide services to people in need such as food pantries, housing providers, employment service providers and faith organizations, OR
3. Contacting Rebecca Royce at (564) 397-7863 or rebecca.royce@clark.wa.gov.



Where do I send the finished survey?

You can leave the finished survey with the agency that provided you a copy or ask them for a postage-paid return envelope. You can also drop them off at our office at the Center for Community Health, second floor, suite C214.

Who should I contact if I have questions?

Please contact Rebecca Royce with Clark County Community Services at (564) 397-7863 or rebecca.royce@clark.wa.gov.

Clark County Community Services
1601 E Fourth Plain Blvd, Bldg 17
PO Box 5000
Vancouver, WA 98664-5000

Become a CASA Volunteer!

For those interested in helping foster youth engaged in the judicial process due to abuse or neglect, learn more about the CASA program. Find out how you can use your heart and skills to support these children. The Clark County CASA program is holding information sessions in November and December at the YWCA, 3609 Main Street, Vancouver:

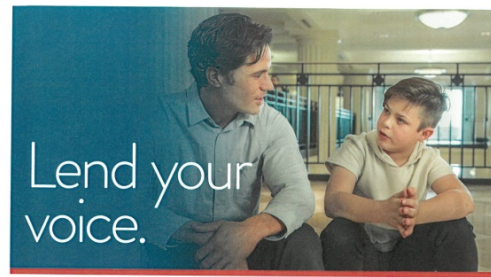
- Wednesday, Nov. 6 at 6 pm
- Thursday, Nov. 14 at 12 noon
- Monday, Dec. 2 at 6 pm
- Tuesday, Dec. 10 at 12 noon

For more information, contact Katie Benzel at 360.909.9142 or

kbenzel@ywcaclarkcounty.org

Katie will talk about the CASA program and the children they serve at Evergreen Faith-Based Coffee on Nov. 20. Please see meeting details above.

[More information here](#)



Become a CASA Volunteer.

Come and learn more about the Clark County CASA Program at one of our upcoming 1-hour Information Sessions.

Visit us at casaclarkcounty.org or call 360-906-9142 for more information.

Monday, September 23rd at 6:00 pm

Wednesday, October 9th at 12:00 pm

Tuesday, October 15th at 6:00 pm



YWCA Clark County, 3609 Main Street, Vancouver

CASA (Court Appointed Special Advocate) volunteers advocate for the best interest of children who have come into the care of the state as a result of abuse or neglect. Volunteers receive over 50 hours of training and are asked to commit to at least 2 years with the program so they can provide consistency for the child.

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Don't face brain injury alone

The **Washington Traumatic Brain Injury Resource Management Program** is free to brain injury survivors and their families. Support Group meetings at 2 pm on the second and fourth Thursdays of each month at Legacy Salmon Creek Hospital, Conf. Rm B.

Contact CarlaJoW@BIAWA.org

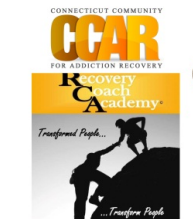
ABCD Dental offers free dental resources for kids on Apple Health

The Access to Baby and Child Dentistry (ABCD) program, for children birth to 5 years old, provides resources and an updated list of dentists who accept Apple Health. For information, brochures or a presentation about ABCD dental, please connect with Anna Cruz at 564.397.7371 or via email at anna.cruz@clark.wa.gov

Become a Certified Peer Counselor or Recovery Coach

In collaboration with Washington State HCA, Xchange Recovery is offering two free and/or reduced-cost trainings to become certified peer counselors/recovery coaches. Click on the fliers below to download and print the registration information. Limited space available. Both trainings will be held at Xchange Recovery, 21810 NE 37th Ave., Ridgefield, WA.

- Recovery Coach Academy Nov. 18-21
- Certified Peer Counseling Bridge Training Dec. 3-5



- CCAR Recovery Coach Academy® participants will:
- Describe Recovery Coach role and functions
 - List the components, core values and guiding principles of recovery
 - Build skills to enhance relationships
 - Explore many dimensions of recovery and recovery coaching
 - Discover attitudes about self disclosure and sharing your story
 - Understand the stages of recovery
 - Describe the stages of change and their applications
 - Increase their awareness of culture, power and privilege
 - Address ethical and boundaries issues
 - Experience recovery wellness planning
 - Practice newly acquired skills

November 18 –21, 2019
8:30 am to 4:30 pm

Xchange Recovery Center
21810 NE 37th Ave. Ridgefield, WA 98642
(off 219th going into Battle Ground)



XCHANGE
Helping Restore Lives!

Who Should Attend?

Anyone who is interested in promoting recovery by removing barriers and obstacles to recovery and serving as a personal guide and mentor for people seeking or already in recovery. Read about the crucial role of Recovery Coaches.

Tell Me more....

The CCAR Recovery Coach Academy® is a 4-day intensive training academy focusing on providing individuals with the skills need to guide, mentor and support anyone who would like to enter into or sustain long-term recovery from an addiction to alcohol or other drugs. Provided in a retreat like environment, the CCAR Recovery Coach Academy® prepares participants by helping them to actively listen, ask really good questions, and discover and manage their own stuff.

Recovery Coaches are becoming employed in more and more settings, offering great potential for future employment opportunities.

Registration Form

Name _____
Address _____
Phone _____
Email _____

Send info and payment to:
Xchange Recovery Center - ATTN: Katie
Fax: 360.397.7477 or
Email: katie@driveoutaddiction.com

The cost of the training is \$50.00 per person. (an \$800 savings!) Payment is due prior to the training. Space is limited to 40 participants. Payment can be made via www.driveoutaddiction.com or text the word 'give' to 360.205.1717.

Washington State
Health Care Authority

Recovery Coaches:

Do you want to become a Certified Peer Counselor?

If you are a Recovery Coach, and wish to become a Certified Peer Counselor, in Washington State, then you may be eligible to take the -free- three day Bridge training instead of the full five day Certified Peer Counselor training.

Criteria:

- Be a Recovery Coach;
- Have a Recovery Coach certificate;
- Have lived experience, personally or as a parent of a child under the age of 18 who has a treatment plan that they are a part of; and,
- Be able to attend a three day training and be able to take a written and verbal exam at the end.

Directions:

Take the online training at peerworkforcealliance.org

Link to the Online Training:

<https://bhwc-training-center.myschply.com/products/certified-peer-counselor-training>

1. There is no cost to complete the training. It may look like they will charge you but the price is \$0.00. You will have three months to complete the course and then you will be asked to re-register.

2. Please contact Lukas Fiedler@wsu.edu, if you have any technical questions about accessing the online training.

3. Print the online completion certificate and send to the HCA DBHR Peer Support Program: peer-support@hca.wa.gov

4. Fill out the online application at the HCA which can be found here: <https://www.hca.wa.gov/billers-providers-partners/behavioral-health-recovery/peer-support>. Send it in with the other required documentation.

* Please indicate on your application, that you want a BRIDGE training and the desired location. *Desired location not guaranteed!*

5. Send a copy of your recovery coach certificate, online training certificate and your filled out "written" application to peer-support@hca.wa.gov

Remember: The online training completion certificate, CPC Application and the recovery coach certificate must be received by the HCA, DBHR Peer Certification Program at the Healthcare Authority for your application to be considered complete.

All three items must be sent together

1. Recovery coach certificate
2. Online training course completion certificate
3. "Written" application

You will receive a response from the HCA, DBHR Peer Certification Program via email to let you know your application has been accepted and what training you will be in.

You will receive a response from HCA, DBHR Recovery Support Team, via email to let you know your application has been approved.

Please contact Stephanie Lane@wsu.edu if you have any questions about the Bridge Program.



Bridge Training

December 3rd, 4th & 5th
@ Xchange Recovery Center
21810 NE 37th Ave.
Ridgefield WA 98642
(off 219th going into Battle Ground)

You must be registered to attend
Contact Katie @ 360.798.2557 or
katie@driveoutaddiction.com

News you can use

More Infant Sleep Products Linked to Deaths

Do you know someone with an infant? More emphasis regarding safe sleep is being publicized to reduce the number of infant deaths from unsafe sleep practices. A recent **Consumer Reports** article reports on findings from the Consumer Product Safety Commission that found additional infant sleep products linked to infant deaths. In addition to the inclined sleepers, their investigation identified the Baby Delight Snuggle Nest Infant Sleeper, the SwaddleMe By Your Side and the DockATot. If you know someone who has an infant or babysits an infant, please make them aware of this information. Read the full story in [Consumer Reports](#).

Links to new resources:

- Tune in to the Trauma Informed Educators Network Podcast and listen to episodes featuring Jim Sporleder, Claudia Roodt, and Ingrid Cockhren. The podcast was established out of the Trauma Informed Schools Network, a Facebook group with nearly 17,000 members from 100+ different countries. The network is designed to connect educators and practitioners around the world to share ideas, gain new ideas, and share resources!
- Podcast: <https://soundcloud.com/mathew-portell-9323374>
- Facebook Group: <https://www.facebook.com/group...46206/?ref=bookmarks>
- A new UCLA study shows that black students face "accumulation of disadvantage." [Read more here.](#)
- Adolescent suicide up 87 percent over last decade; LGBT and American Indian/Alaskan Native teens at highest risk. [Read more about this and other youth health-related data here.](#)
- How do you help a child who struggles with anxiety? [This NPR story](#) shares six takeaways that parents, caregivers and teachers can add to their anxiety tool kits, including information on how anxiety works, how parents can spot it and how to know when it's time to get professional help.

About our coalitions and community groups

The ACEs Action Alliance is:

A multi-sector collaborative of public and private organizations and individuals. We raise awareness about adverse childhood experiences (ACEs) and their long-term impact. We promote trauma-informed

approaches and policies to support resilience and healing for people of all ages. All are welcome at monthly meetings.

The Trauma-Informed Schools Team is open to anyone who works in or with schools in Clark County. We meet monthly to explore tools, resources and applications of trauma-informed principles for schools.

Check the calendar at [ACESActionAlliance.org](https://www.acesactionalliance.org) for current meeting information and other resources.

[ACESAction Alliance on Facebook](#)



Faith-Based Coffee is:

A non-denominational bridge that joins faith partners, communities and local schools to share learning, meet the needs of children, families and neighborhoods, and address emergent needs that arise in our community. All are welcome. Members maintain the separation of church and state at meetings and when fulfilling needs by serving from the heart without promoting personal religious beliefs or engaging in religious recruitment.

[Evergreen Faith-Based Coffee on Facebook](#)

[Vancouver Faith Based Coffee on Facebook](#)



Safe Kids Clark County is:

A member of [Safe Kids Worldwide](#), a grassroots network of more than 600 coalitions and chapters that work closely with law enforcement officers, firefighters, paramedics, health professionals, educators, businesses, public policy makers, and, most importantly, parents and kids to promote safety. Priorities include proper car seat use, baby's safe sleep, reducing child vehicular injuries and deaths, and water safety. Local coordination provided by American Medical Response (AMR).

[Safe Kids Clark County on Facebook](#)



CHARG is:

A local forum for community members and health professionals to connect and collaborate in order to deliver appropriate services that meet the needs of the diverse populations of Clark County. At each of our bi-monthly forums, the Clark County Community Health Access Resource Group (CHARG) strives to illuminate and educate participants on a handful of themed topics relating to health access.

[CHARG! Website](#)



The Healthy Communities Newsletter is published the first week of each month. To submit announcements or share information, please send complete information or attach a high resolution .jpg or .png file to cyndie.meyer@clark.wa.gov by the 20th of the month prior.

All submissions will be screened prior to publication.

If you would like to receive the Healthy Communities Newsletter, please email Jan.Dolph@clark.wa.gov